**New Roots Herbal Chill Pills**

Relax and enjoy life again

- Conquer stress and anxiety
- Nonaddictive and nondrowsy

**New Roots Herbal Chill Pills** is a natural herbal and vitamin formula that brightens your mood and relieves stress. It reduces nervous irritability, improves concentration and induces relaxation, so you can calm down. Best of all, **New Roots Herbal Chill Pills** is nonaddictive and will not make you drowsy.

**Ingredients**
Each vegetable capsule contains:

- L-Theanine .................................................. 100 mg
- Ashwagandha (Withania somnifera) root extract, 2.5% withanolides ........................................... 75 mg
- Rhodiola (Rhodiola rosea) root extract, 5% rosavins ......................................................... 50 mg
- Holy basil (Ocimum tenuiflorum) leaf extract, 10% ursolic acid ....................................................... 50 mg
- Passionflower (Passiflora incarnata) extract, 4% flavonoids ........................................................ 50 mg
- Oat (Avena sativa) 10:1 extract .............................................................. 50 mg
- Astragalus (Astragalus membranaceus) root extract, 3% astragalosides ........................................ 25 mg
- d-Ribose ................................................................................. 25 mg
- Phellodendron (Phellodendron amurense) bark extract, 0.1% berberine ...................................................... 15 mg
- Chinese jujube (Ziziphus jujuba) fruit .............................................. 12.5 mg
- Magnolia (Magnolia officinalis) bark 50:1 extract, 80% magnolol + honokiol ................................. 7.5 mg
- Vitamin B₁ (thiamine hydrochloride) ........................................... 25 mg
- Vitamin B₂ (riboflavin, riboflavin-5'-phosphate sodium) ....................... 27.5 mg
- Inositol hexanicotinate, flush-free (vitamin B₃) ................................ 17.5 mg
- Vitamin B₃ (niacinamide) ............................................................. 7.5 mg
- Vitamin B₅ (pyridoxine hydrochloride / pyridoxal-5'-phosphate) ...................................................... 27.5 mg
- Vitamin B₆ (pyridoxine hydrochloride) .............................................. 27.5 mg
- Inositol (myo-inositol) ................................................................. 25 mg
- Biotin ....................................................................................... 37.5 mcg
- Folate (from calcium L-5-methyltetrahydrofolate) ............................................. 500 mcg
- Vitamin B₁₂ (methylcobalamin) ....................................................... 75 mcg
- Choline bitartrate ........................................................................ 25 mg
- para-Aminobenzoic acid (PABA) ..................................................... 25 mg

**Also contains:** Vegetable magnesium stearate, silicon dioxide, and microcrystalline cellulose in a non-GMO vegetable capsule composed of carbohydrate gum and purified water.

NPN 80084696 · V0324-R7

Ingredients in this formula have been validated for potency and identity, and certified free of heavy metals, pesticides and solvent residues using:
- Inductively Coupled Plasma Optical Emission Spectrometer (ICP-OES)
- HPLCs with Diode Arrays UV-VIS Detectors / Refractive Index Detectors
- High-Performance Thin Layer Chromatography (HPTLC)
- Gas Chromatograph/Mass Spectrometer (GC/MS)
- Gas Chromatograph with Flame Ionization Detector (GC/FID)
- UV/VIS Spectrophotometer
- Near-Infrared Spectroscope (FT-NIR Spectrometer)
- Headspace Gas Chromatography (organic solvent residues)
- Microwave Digesting Unit
- Disintegration

**Tested in our ISO 17025 Accredited Laboratory**

**NON GMO**

newrootsherbal.com
Understanding the Nature of Stress

When most people think of stress, they connect it to certain events, such as injury or emotional let down. That’s because when something happens to us, we evaluate the situation mentally. If we decide that the demands of the situation outweigh our skills to cope with it, we label the situation “stressful.” With the constant pressure of deadlines at work, at home and even at play, it’s not surprising that more and more people are finding it harder to cope.

Stress contributes to heart disease, high blood pressure, strokes, and other illnesses, and also affects the immune system.

New Roots Herbal Chill Pills can help:

- Promote mental resourcefulness
- Create synchronous, coherent, constructive brain activity
- Relax the central nervous system
- Calm stressful conditions and facilitate critical decisions

Historically, stress has been a cash cow for the pharmaceutical industry. From the 1970’s “mother’s little helper” Valium to side effect–laden Prozac and a host of anti-anxiety drugs like Xanax, Ativan and Paxil, North Americans are desperate for help battling stress. Thankfully, there’s all-natural New Roots Herbal Chill Pills.

The Natural Way to Fight Stress

How do New Roots Herbal Chill Pills work?

Holy Basil 10% Ursolic Acids
The primary active components, including eugenol, ursolic acid and rosemarinic acid, help regulate stress-related hypertension and calm the central nervous system.

Phellodendron 0.1% Berberine
Works especially well in combination with magnolia to help support normal levels of the cortisol and DHEA hormones in the body that promote the management of stress-related symptoms. Magnolia and phellodendron work by binding to stress receptors in the nervous system, to promote relaxation and feelings of well-being while ignoring receptors associated with sedation.

Royal Jelly 6% 10-HDA
Taken extensively to promote energy and health and is considered by many to be a potent antioxidant. Produced in the beehive for the nourishment of the queen bee, it is a complex substance that cannot be recreated synthetically. When examining its properties and considering the source of its documented benefits, many conclude that it is its high amino acid content that may make it such a special and rejuvenating substance.

Astragalus 3% Astragalosides
Astragalosides are the compounds in astragalus that act as adaptogens to protect the body and mind from physical, mental and emotional stressors. Stress is recognized as a significant risk factor in many illnesses, such as clinical depression and coronary heart disease.

L-Theanine
Creates an alert mind. Yet, while being alert, you will have a relaxed state of mind without feeling tired. Theanine is an amino acid that has been clinically proven to reduce stress and improve your quality of sleep. Theanine is a free-form amino acid found in the tea plant. It penetrates the blood-brain barrier of humans and exerts subtle changes in biochemistry. Theanine can increase alpha waves, with its effects being compared to getting a therapeutic massage or taking a hot tub bath.

Rhodiola 5% Rosavins
An adaptogen that can help boost resistance to physical stresses and the illnesses that commonly follow an immune-system suppression, as well as high blood pressure and heart disease. Rhodiola has been categorized as an adaptogen, as it can increase resistance to chemical, biological, and physical stresses. The adaptogenic, cardiopulmonary protective, and central nervous system activities of rhodiola have been attributed primarily to its content of peptides such as beta-endorphins.

Passion Flower 4% Flavonoids and Avena sativa Extract
Effective for stress, especially when combined. What makes these nervines beneficial is that they are strong relaxants and calmatives, but do not cause the “hangover” side effects and they also have nervous system “toning” and “restorative” properties.

Magnolia 80% Magnolol + Honokiol
Magnolia extract is standardized to 80% of the two potent phytochemicals honokiol and magnolol. These sister compounds are able to resist initial breakdown within the liver and cross the blood–brain barrier intact. Honokiol and magnolol modulate GABA receptors in the brain to effectively reduce stress and anxiety, without the sedating side effects of many classes of pharmaceutical drugs.

Ashwagandha Root 2.5% Withanolides
Has been used by Ayurvedic practitioners for over 3,000 years as a mood stabilizer and to support healthy immune system function. Ashwagandha, also known as “winter cherry,” improves the body’s ability to maintain physical effort and adapt to various types of stress.

Red Jujube
Also called Da Zao. In traditional Chinese medicine, it is considered to be sweet and sour in taste, and neutral in action. It is believed to nourish the heart yin, augment the liver and cross the blood–brain barrier intact. Honokiol and magnolol modulate GABA receptors in the brain to effectively reduce stress and anxiety, without the sedating side effects of many classes of pharmaceutical drugs.

B-Complex Vitamins
Considered the “antistress vitamins,” they are a crucial component for the process of immune cell formation. B vitamins also form part of the fabric (myelin sheath) that insulates nerve fibers to shield them from stressful conditions.

Suggested Use

Adults: Take 2 capsules daily with food or as directed by your health-care practitioner. Not to be taken immediately before bedtime. If you are taking other medications, take this product a few hours before or after them. Consult a health-care practitioner for use beyond 4 weeks.