

# **TUDCA** Care

# ADVANCED LIVER SUPPORT

## TUDCA Care Tauroursodeoxycholic Acid

250 mg 27.5 mg Pure Choline Supports Liver Function



60 vegetable capsules

ISO 17025-Accredited

Laboratory-Tested

All New Roots Herbal Products Are Tested in an ISO 17025–Accredited Laboratory





Formulated with tauroursodeoxycholic acid a multifunctional bile acid, and choline, a liver-friendly essential nutrient, **TUDCA Care** is an advanced formula designed to aid in the metabolism of dietary fats and promote optimal liver function.

Tauroursodeoxycholic acid (TUDCA) works in two ways: it helps metabolize fats and enhance synthesis of bile acids. Deficiency is rare; however, an age-related decrease in production is common, which can compromise nutrient breakdown and assimilation. Did you ever notice, when people get older, certain foods no longer "agree with them"? It could simply mean their digestion is compromised. This can unfortunately lead to a narrowing range of foods they eat, including healthy fats. The biological action of bile is not limited to fat emulsification: it supports the activity of instrumental pancreatic enzymes for protein breakdown and the absorption of fat-soluble vitamins A, D, E, and K.

### **CHOLINE ACTION**

Choline is a nutrient found in beef, eggs, beans, nuts, and whole grains. Ironically, these are food groups you will have difficulty digesting with a choline deficiency. Choline is crucial for normal liver function and lipid metabolism, supporting the transport and processing of fats and cholesterol. Inadequate choline intake can lead to impaired excretion of harmful very-low-density lipoproteins (VDHL), which is associated with an increased risk of cardiovascular disease.

Discover how **TUDCA Care** can offer a holistic approach to digestive and liver support, helping maintain bile flow, nutrient assimilation, and overall metabolic health. Because a healthy liver is central to better health!

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	Each vegetable capsule contains:Tauroursodeoxycholic acid	
	<b>Other ingredients:</b> Microcrystalline cellulose, vegetable magnesium stearate, and silicon dioxide in a non-GMO vegetable capsule composed of vegetable carbohydrate gum and purified water. V0833-R1 · NPN 80126947	
	Directions of use: Adults (18 years and over): Take 1 capsule twice daily or as directed by your health-care practitioner.	
	Manufactured under strict GMP (Good Manufacturing Practices).	-