

ELDERBERRY RESQ ORGANIC FLOWER TINCTURE

Each 1 ml (40 drops) contains a crude quantity equivalent of:

Organic European elderflower
(*Sambucus nigra* ssp. *nigra*) 250 mg
LM0154-R1 · NPN 80108530
#2568 (50 ml) · #2569 (95 ml)

Other ingredients:

Organic alcohol 25% (from sugarcane) and purified water.

Directions of use:

Shake well. Mix with juice for children. Wait at least 4 hours between doses. **Adults and adolescents 14 and over:** Take 2 ml three times daily. **Adolescents 10–13 years old:** Take ½ ml three times daily. **Children 5–9 years old:** Take ¼ ml (0.5 ml) three times daily. **Children 2–4 years old:** Take ⅓ ml (0.33 ml or 13 drops) three times daily. Take as directed above or as directed by your health-care practitioner.

Duration of use: Consult a health-care practitioner for use beyond 1 week for children 6 years or younger.

ELDERBERRY RESQ FRUIT TINCTURE

Each 1 ml (40 drops) contains a crude quantity equivalent of:

Elderberry (*Sambucus nigra* ssp. *nigra*) fruit 250 mg
LM0155-R1 · NPN 80112083
#2566 (50 ml) · #2567 (95 ml)

Other ingredients:

Organic alcohol 25% (from sugarcane) and purified water.

Directions of use:

Shake well. Adults and adolescents 14 and over: Take 2 ml three times daily; **adolescents 10–13 years old:** Take 1 ml three times daily; **children 5–9 years old:** Take ½ ml three times daily; **children 2–4 years old:** Take ⅓ ml three times daily; or as directed by your health-care practitioner.

Duration of use: For occasional use only.

ELDERBERRY RESQ CONCENTRATED EXTRACT

Each vegetable capsule contains:

Elderberry (*Sambucus nigra* ssp. *nigra*)
fruit 50:1 extract 428 mg
European bilberry (*Vaccinium myrtillus*)
fruit 100:1 extract, 25% anthocyanosides 37.5 mg
Blackcurrant (*Ribes nigrum*) fruit 50 mg
V0710-R1 · NPN80106414
#2670 (30 vegetable capsules)

Directions of use:

Adults: Take 1 capsule daily or as directed by your health-care practitioner.

Duration of use: For occasional use only.

ELDERBERRY FRUIT

Ingredient:

Whole dried Northern-European elderberry fruit.

#2544 (50 g / 20 portions)

How to make elderberry tea:

Add 1 teaspoon of berries to 250 ml of hot water. Let steep for 5 to 10 minutes. Strain and serve. For stronger tea, steep longer, simmer on stove top, or use more berries. Soaked berries may be re-steeped a second time.

Tip: Add cloves, ginger, and cinnamon; sweeten to taste with your favourite New Roots Herbal sweetener.

Do not ingest raw, uncooked European elderberries.

ELDERBERRY JUICE POWDER

Ingredient:

Northern-European elderberry juice concentrated powder (maltodextrin and elderberries).

#2645 (100 g / 50 portions)

Nutrition Facts:

Per 1 teaspoon (2 g)

Calories: 5. Fat 0 g (0% D.V.); Saturated 0 g + Trans 0 g (0% D.V.). Carbohydrate 2 g; Fibre 0 g (0% D.V.), Sugars 0 g (0% D.V.). Protein 0 g. Cholesterol 0 mg. Sodium 0 mg (0% D.V.). Potassium 0 mg (0% D.V.). Calcium 0 mg (0% D.V.). Iron 0 mg (0% D.V.).

CHILDREN'S ELDERBERRY JUICE POWDER

Ingredients:

Northern-European elderberry juice concentrated powder (maltodextrin and elderberries), malic acid, vitamin C, and stevia.

#3242 (100 g / 34 portions)

Nutrition Facts:

Per 1 teaspoon (2.9 g)

Calories: 10. Fat: 0 g (0% D.V.); Saturated 0 g + trans 0 g (0% D.V.). Carbohydrate: 2 g; Fibre 0 g (0% D.V.), Sugars 0 g (0% D.V.). Protein 0 g. Cholesterol 0 g. Sodium 0 g (0% D.V.). Potassium 0 mg (0% D.V.). Calcium 0 mg (0% D.V.). Iron 0 mg (0% D.V.). Vitamin C 47 mg (52% D.V.).

All products validated for identity, purity, potency, and non-GMO status in an ISO 17025–accredited laboratory.

All products manufactured under strict Good Manufacturing Practices (GMP).

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New Roots
HERBAL

Elderberry Power for All Ages

DISCOVER THE POTENTIAL OF ELDERBERRIES



All New Roots Herbal Products Are Tested in Our ISO 17025–Accredited Laboratory

Elderberry Power

Therapeutic use of elderberries dates back to ancient Greece and Egypt, and has been used for centuries by Native North Americans. Organically grown, Northern European-sourced berries and flowers spawn a family of products: New Roots Herbal has an elderberry product for every occasion.

Elderberries and their flowers contain high concentrations of biologically active compounds. Their antioxidant properties support immune-system activity while helping tame cold, flu, and allergy symptoms. They are also a rich source of naturally occurring vitamins and minerals.

Innovative extraction methods and preparation techniques have elevated elderberries from a folkloric nutrient to a sophisticated nutraceutical. Clinical trials employing elderberry extract have further displayed a reduction in symptoms and duration of influenza infection.^[1]

There's no "magic pill" to avoid colds and flu. A healthy lifestyle is the best foundation for comprehensive immune support. Incorporating elderberry products into your family's wellness routine could be your recipe for better year-round health.

1. Krawitz, C., M.A. Mraheil, M. Stein, C. Imirzalioglu, E. Domann, S. Pleschka, and T. Hain. "Inhibitory activity of a standardized elderberry liquid extract against clinically-relevant human respiratory bacterial pathogens and influenza A and B viruses." *BMC Complementary and Alternative Medicine*, Vol. 11 (2011): 182. doi: 10.1186/1472-6882-11-16.

Symptom Relief



Elderberry ResQ Organic Flower Tincture

Elderflowers are renowned to promote sweating to relieve fever in cases of cold and flu, and help alleviate coughs, sore throat, and mucus buildup in the upper respiratory tract. For children 2 years + and adults.



Elderberry ResQ Fruit Tincture

Great-tasting elderberry tincture helps relieve symptoms of cold and flu, including cough, sore throat, and mucus buildup in the upper respiratory tract. For children 2 years+ and adults.



Elderberry ResQ Concentrated Extract

Powerful formula combining elderberry, European bilberry, and black currant to relieve cold and flu symptoms, including coughs, sore throats, runny nose, and mucus accumulation within the upper respiratory tract. For adult use.

Daily Wellness



Elderberry Fruit

Naturally dried elderberries with a unique, tangy taste. Known for their nutritional richness, vital minerals, and elevated amounts of vitamins C and E, these berries may be steeped for tea or used in cooking and baking recipes.

Elderberry Juice Powder

This convenient non-GMO juice powder adds flavour and colour to almost any food or beverage. With 160+ elderberries per portion, it will delight and impress.



Children's Elderberry Juice Powder

Tailored specifically for kids, this non-GMO juice powder is packed with flavour and vitamin C. With 160+ elderberries per portion, it's a burst of berry goodness kids will enjoy.

Scan for elderberry recipes.

