



Rhodiola Extract

**KEEP CALM
AND RHODIOLA ON**



RHODIOLA EXTRACT

Among rhodiola's many attributes, its best-known application is in helping the body respond to stress while supporting overall cognitive performance. It promotes focus, concentration, and mental endurance, helping you stay balanced and energized under pressure.



BRAIN-SUPPORTING ADAPTOGEN FOR BUSY MINDS

New Roots Herbal's Rhodiola Extract is standardized to deliver 5% rosavins, the key compounds that characterize authentic *Rhodiola rosea*. They help balance neurotransmitter levels, supporting a healthy nervous system and emotional wellbeing. Put simply, they contribute to the plant's long-held association with clarity, steady mood, and composure during demanding moments.

While many extracts provide only 1 or 3%, and some fail to specify their content at all, New Roots Herbal's Rhodiola Extract features a validated potency of 5% rosavin content, measured by HPLC testing in an independent ISO 17025—accredited laboratory.

As an at-risk species, *Rhodiola rosea* requires careful oversight in the wild. We source only from CITES-regulated harvests, which ensure legally documented and responsible collection that protects vulnerable plant populations. This approach preserves the plant's natural profile, including its defining rosavins, while supporting long-term ecological stewardship.

WHO CAN BENEFIT FROM RHODIOLA?

- ✓ Professionals juggling demanding workloads
- ✓ University students managing academic stress
- ✓ Adults navigating ongoing daily pressures
- ✓ Active individuals striving for peak performance
- ✓ Older adults looking to maintain mental sharpness

SIGNS OF MENTAL FATIGUE AND STRESS

- ✓ Brain fog or poor concentration
- ✓ Emotional instability under stress
- ✓ Sleep disturbances from anxiety
- ✓ Low resilience during life challenges
- ✓ Lack of stamina



- ✓ **EASES STRESS AND MENTAL FATIGUE WHILE ENHANCING PHYSICAL AND COGNITIVE STAMINA**
- ✓ **STANDARDIZED TO A VERIFIED 5% ROSAVINS FOR CONSISTENT, RELIABLE POTENCY**
- ✓ **SUSTAINABLY SOURCED THROUGH CITES-REGULATED HARVESTING TO PROTECT AN AT-RISK SPECIES**
- ✓ **CRAFTED FROM AUTHENTIC *RHODIOLA ROSEA* WITH A PRESERVED AND VERIFIED NATURAL PROFILE**
- ✓ **TESTED BY HPLC IN AN INDEPENDENT ISO 17025–ACCREDITED LABORATORY FOR PURITY AND QUALITY**

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Rhodiola Extract

Each vegetable capsule contains:

Roseroot (*Rhodiola rosea*) root extract, 5% rosavins. 200 mg

Other ingredients:

Microcrystalline cellulose, vegetable magnesium stearate, and silicon dioxide in a non-GMO vegetable capsule composed of vegetable carbohydrate gum and purified water.

Directions of use:

Adults: Take 1 capsule twice daily or as directed by your health-care practitioner. Not to be taken immediately before bedtime.

V0583-R2 · NPN 80143000

- **Manufactured in Canada in a certified cGMP (Current Good Manufacturing Practices) facility.**
- **All ingredients and finished products are tested for quality and safety in an ISO 17025–accredited laboratory.**

To ensure these products are right for you,
always read and follow the label.

HP2091–2025-11-05

