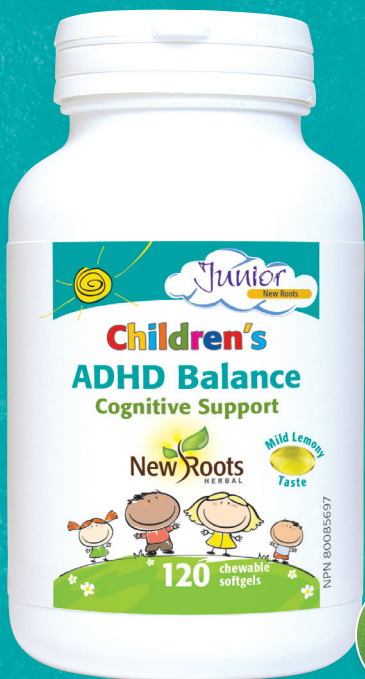




Children's ADHD Balance

**FOCUSING ON
SYMPTOM MANAGEMENT**



**All New Roots Herbal Products Are Tested
in Our ISO 17025-Accredited Laboratory**

Children's ADHD Balance



According to the Canadian Mental Health Association, attention deficit hyperactivity disorder (ADHD) affects approximately 5% of school-age children. In fact, ADHD is the most common worldwide childhood behavioural disorder. Prescription stimulants, which promote attentiveness and ability to focus on a task, have become the norm for treatment. However, before starting this course of action, many families prefer to explore natural approaches which are proving to be effective.



Behavioural strategies—such as setting consistent daily routines, increased physical activity, and good sleep routine—are a good beginning.

Natural supplements, such as essential fatty acids, have long been recommended for cognitive support, which has prompted research for management of ADHD



symptoms. Supplementation with potency-validated eicosapentaenoic acid (EPA) and docosahexaenoic acid (DHA) from fish oil and *gamma*-linoleic acid (GLA) from evening primrose oil has demonstrated support in the relief of ADHD symptoms. In addition, these fatty acids support brain function as well as eye and nerve development in children prior to adolescence.



Children's ADHD Balance



- **FORMULATED BY NATUROPATHIC DOCTORS TO ENSURE AN EXCELLENT SAFETY PROFILE**
- **NON-GMO; GLUTEN-, SOY-, CORN-, AND DAIRY-FREE**

Children's ADHD Balance softgels are formulated with potency-validated 260 mg of organic evening primrose oil (10% GLA) paired with 325 mg of wild fish oil (145 mg EPA). Tested in an ISO 17025–accredited laboratory to ensure they are safe from heavy metals and herbicides, these mild lemon–tasting softgels can help to manage symptoms of ADHD, from preschool through adolescence, with pure and clean ingredients.

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Each chewable softgel contains:

Organic evening primrose (*Enothera biennis*)
seed oil, hexane-free 260 mg

Providing:

gamma-Linolenic acid (GLA) (10%) 26 mg
Fish-oil omega-3 fatty acids from wild, deep-sea whole
sardines (*Sardina pilchardus*) and whole anchovies
(*Engraulis encrasicolus*) 325 mg

Providing:

Eicosapentaenoic acid (EPA) 145 mg
Docosahexaenoic acid (DHA) 87.5 mg

Other ingredients: Natural lemon oil and vitamin E (D-*alpha*-tocopherol, from non-GMO sunflower) in a softgel composed of bovine gelatin, glycerine, and purified water.

#2730 · 120 chewable softgels

V0617-R1 · NPN 80085697

Directions of use:

Children and adolescents (3–18 years old): Chew 1 softgel four times daily or as directed by your health-care practitioner. Do not allow child to swallow the softgel whole.

Manufactured under strict GMP (Good Manufacturing Practices).

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