



Elderberry

**EXPERIENCE
THE LEGENDARY
BERRY**



**All New Roots Herbal Products Are Tested
in Our ISO 17025–Accredited Laboratory**

Elderberry



- **EUROPEAN-SOURCED AND NON-GMO**
- **UNIQUE BERRY FOR A HEALTHY LIFESTYLE**
- ***SAMBUCUS NIGRA* SPECIES, TRUSTED BY GENERATIONS**

The distinct flavour of North-European elderberries is now yours to enjoy, in the form of naturally dried berries or juice powder.

Dried elderberries are great on their own steeped in hot water as a tea; or simmered and added to cereals, oatmeal, or smoothies. The powder adds complexity and originality when cooking or baking; it dissolves well for use in hot or cold beverages and for culinary applications. Their deep purple hue can also be used to naturally liven up the visual presentation of your favorite recipes.

Healthy choices add up for better health. Discover how elderberry can benefit your active lifestyle.

Make Life Better · newrootsherbal.com

ELDERBERRY FRUIT

Whole dried Northern-European elderberry fruit.

P0859-R1 · #2544

How to make elderberry tea:

Add 1 teaspoon of berries to 250 ml of hot water. Let steep for 5 to 10 minutes. Strain and serve. For stronger tea, steep longer, simmer on stove top, or use more berries. Soaked berries may be resteepped a second time.

ELDERBERRY JUICE POWDER

Northern-European elderberry juice concentrated powder (maltodextrin and elderberries).

P0860-R1 · #2645

Add 1 teaspoon (2 g) to 250 ml of water or sparkling water.

Manufactured under strict GMP (Good Manufacturing Practices).

HP2544

